

## **Weekly Bulletin 21/09/2018**

Please see below details which we have been asked to circulate to our networks from NHS England, I would encourage you to share this with your networks.

On 18th June the Prime Minister set out a funding settlement for the NHS in England for the next five years. In return, the NHS has been asked to set out a long term plan for the future of the NHS by autumn, setting out our ambitions for improvement over the next decade, and our plans to meet them over the five years of the funding settlement.

As articulated by the Prime Minister and the NHS Chief Executive, Simon Stevens, the development of the long term plan for the NHS will need to be based on the advice and experience of clinical experts, staff and other stakeholders, including representatives of patients and the public.

As part of this process it is vital that all those who rely on and work in or alongside the NHS have the opportunity to contribute their ideas and insights. To make it easy for these groups to have their say on the different aspects of the plan we have created a [discussion guide](#) for staff, clinicians, patients and the public to facilitate engagement on the NHS long term plan. An [easy read version](#) of this guide is also available.

Please do share this discussion guide with your networks and on social media and encourage them to read it and respond. This could be a response for every topic or just the ones that are important to you or the group you represent. Where possible we encourage organisations to collate responses from their members into a single submission.

Responses can be submitted to our web portal here:

<https://www.england.nhs.uk/ltpviews/>

***The deadline for submissions is 30<sup>th</sup> September 2018.***

## **Weekly Bulletin 10/10/2018**

Please find attached details of the next Patient Leadership Programme from East Midlands Academic Health Science Network (EMAHSN)

If you are interested in this opportunity, please email to let me know, as you will need to be nominated by Greater Nottingham CCP.

When you respond, I would be grateful if you could let me have the following information:

Full Name

CCG area

Name of group you are involved with through the CCG

Contact number

Contact email address



Patient Leadership  
Programme General F

### Weekly Bulletin 17/10/2018

Please find attached the STP Annual Report and Summary Annual Report for 2017-18



STP Annual Report  
17-18.pdf



STP Summary Annual  
Report 17-18.pdf

### Weekly Bulletin 07/11/2018

Please find attached the engagement report for Over the Counter.

This was for a the City only



Engagement report  
-OTC-City-August 20

### Weekly Bulletin 08/11/2018

Please note this email has been sent to PPI committees and PPG groups across Greater Nottingham

Please feel free to circulate this across your networks



Next week is self care week (12-18 November).

Self Care Week is an annual national awareness week that focuses on embedding support for self care across communities, families and generations.

The Greater Nottingham Clinical Commissioning Partnership (Nottingham City, Nottingham North and East, Nottingham West and Rushcliffe CCGs) is also launching its self care campaign - details are below.

Also in this bulletin is information about self care and how you can get involved with self care week.

## Your local NHS - helping you to help yourself

Self care is looking after yourself in a healthy way, for example taking exercise and eating a healthy diet. It is also about understanding when you can look after yourself, when a pharmacist can help and when to get advice from your GP or other health professional.

This month, the Greater Nottingham CCGs have launched a campaign to support people to self care.

Rather than visiting their GP, most people can take care of themselves when they have a minor ailment through a combination of self care and OTC medicines, which can be bought in supermarkets, shops or pharmacies. Over the counter medicines for short term illnesses are now not recommended on prescription. To find out more about self care and over the counter medicines, please visit [our website](#).

You can download the [posters](#) and [leaflets](#) here.



Self care week events - all the self care week events will be advertised on Notts Help Yourself: [www.nottshelpyourself.org.uk/selfcare](http://www.nottshelpyourself.org.uk/selfcare)

## Spread the self care love on twitter!

Post a #selfcareselfie @NHSNottingham and tell us how you look after yourself



Greater Nottingham CCP's Kate's morning runs set her up for the day ahead  
#selfcareselfie #selfcareweek #healthyselfie



**Don't wait until you feel worse**

Even if it's just a cough or cold, consult your pharmacist before it gets more serious.

**HELP US HELP YOU**  
STAY WELL THIS WINTER

[nhs.uk/staywell](https://nhs.uk/staywell)

HJ34118-36 © Crown copyright 2016.

**NHS**

Prameet Shah,  
Pharmacist

Want to do something to promote self care week?  
You can download lots of resources [here](#).



### **Invest in your future self this Self Care Week by making small changes that can make a big difference**

Choosing Self Care for Life is about making improvements in your life to protect your physical health and mental wellbeing.

Follow these small steps to a healthier you:

- Get active; advice is to exercise for at least twenty minutes a day, it's ideal if you can incorporate this into your day by ditching the car and walking to work, or walking the dog, taking the stairs or even dancing around the kitchen table to your favourite songs!
- Eat well. We all know that healthy eating is crucial to our health so we can start by swapping unhealthy snacks for healthy options such as nuts, seeds and fruit. Ask your pharmacist for advice on managing your weight.
- Make positive changes! Take steps to stop those bad habits that don't serve you well. This Self Care Week make a plan to stop smoking, reduce alcohol intake and get active! Your pharmacist can help with lifestyle changes such as weight management and stop smoking services.
- Rest. A good's night's sleep is as essential to our health and wellbeing as eating healthily and exercising so, make sure you get the recommended 7-8 hours a night!
- Stop! These days we lead have such busy lives that we sometimes forget to slow down and stop. Find time in your day to just quieten your mind. Mindfulness or yoga might be helpful.

[Subscribe](#) to the Self Care Forum e-newsletter for updates, resources, ideas and news about the latest self care activities.



## Weekly Bulletin 09/11/2018

This email has been sent to members of Greater Nottingham CCP PPI committees, PPG contacts and our database, apologies if you receive this more than once.

Please see below details of an opportunity to get involved with NHS England and their National Patient Safety Alert Committee, I have also attached the PPV Role Description and application form for you.



Final PPV Role  
Description.docx



Final PPV application  
form.docx

## National Patient Safety Alert Committee We are recruiting PATIENT AND PUBLIC VOICE REPRESENTATIVES

**If you have a desire to ensure that health and care organisations take action in response to identified patient safety risks, we would like to hear from you!**

### Background

Every year, over 100 messages, instructions, guidance, alerts and other communications are directed at healthcare providers through the Central Alerting System, requiring a variety of types of action, and issued by a number of different bodies and teams, in a range of formats. However, to date, the safety advice and guidance issued to the NHS does not have sufficient impact on the safety of patients, as not all organisations are reliably implementing the required actions.

### Improving the response to patient safety alerts

The National Patient Safety Alert Committee (NaPSAC) has been newly set up with a remit to clearly identify which nationally-issued patient safety advice and guidance is safety-critical. To do this, it is putting in place common standards, so that all the organisations which issue patient safety alerts make it clear when action is needed in response to safety-critical communications.

NaPSAC is committed to involving patients, service users, carers and families and the general public in this work. We know that you will bring a wealth of insight, perspectives, expertise and experience that can help to challenge thinking, innovate and improve the way the committee carries out its work.

### What does it involve?

As a patient and public voice (PPV) representative you would need to attend the regular NaPSAC meetings, held about every two months, and take an equal part in its deliberations



and decision-making. The committee is currently working to agree the criteria and approach to 'credentialing' the organisations which issue patient safety alerts.

Once these are in place, between meetings, all the committee members, including PPV representatives, will be involved in the assessment of applications from organisations looking to become 'credentialed'.

It is estimated that attending meetings and carrying out assessments would require up to two days' involvement per month initially, reducing to up to two days quarterly, once assessments of current issuing bodies were complete. PPV representatives will receive travel expenses and a per-day allowance of £150 per day, or £75 per half day, for the time spent on NaPSAC activities in accordance with NHS Improvement's agreed rating and terms for patient and public involvement at level four.

### **How to apply:**

If you are interested in getting involved, please see the full role description and application form.

Applications should be sent to [cindy.taplin@nhs.net](mailto:cindy.taplin@nhs.net) by deadline 18 November 2018.

We will be in touch to arrange a short telephone interview for short-listed potential PPV representatives to join NaPSAC as committee members.

The PPV partners recruited will be provided with a full briefing on the work of NaPSAC, the background to how patient safety alerts are drawn up and circulated, the criteria against which bodies wishing to be credentialed will need to meet and the assessment process for this.

NaPSAC is committed to providing the necessary access and support to enable PPV representatives to fully contribute to the work.

If you have difficulty accessing the forms or need to receive them in other formats, please contact [cindy.taplin@nhs.net](mailto:cindy.taplin@nhs.net) or call on 07710 119361. If you would like to discuss the opportunities before expressing interest, email Cindy using the details above.

### **Weekly Bulletin 19/11/2018**

This email is being sent to PPI committees, PPG leads and database members across Greater Nottingham CCGs – apologies if you receive this more than once.

Please see the attached flyer regarding a patient and public volunteer opportunity at Nottingham University Hospitals NHS Trust.

Full details are on the flyer and for further information contact:

Transforming Outpatients; [TransformingOutpatients@nuh.nhs.uk](mailto:TransformingOutpatients@nuh.nhs.uk).

Contact: 01159 691169 ext 51600



Volunteer leaflet-  
FINAL.PDF

### **Weekly Bulletin 13/12/2018**

This information is being sent to you as a member of one of the Patient groups across the four CCG's, a member of a PPG group or as a sign up on our PPI database, please accept my apologies if you receive this more than once.

Please find attached a selection of information which may be of interest to you. Feel free to share this information widely with your networks.

- Dementia Information Programme 2019 /2020 dates
- Dementia Information Programme Poster
- Expression of Interest for Gynaecology Service
- Public Face issue 184



DIP 2019 - 2020  
dates.pdf



Dementia  
Poster\_A5.pdf



Gynaecology patient  
rep request.pdf



Public Face 184.msg

### **Weekly Bulletin 20/12/2018**

This information is being sent to you as a member of one of the Patient groups across the four CCG's, a member of a PPG group or as a sign up on our PPI database, please accept my apologies if you receive this more than once.

Please find attached a selection of information which may be of interest to you. Feel free to share this information widely with your networks.

- Maternity voices Partnership Nottingham and Nottinghamshire – Continuity of Carer Survey

### **Maternity voices Partnership Nottingham and Nottinghamshire – Continuity of Carer Survey**

Please find attached a paper copy of the survey and a link below to the survey which is open until Monday 28<sup>th</sup> January 2019

The paper copies should be returned to:

Jenny Pilmore

Public Health Support Officer

Children's Integrated Commissioning Hub and Public Health Nottinghamshire

Nottinghamshire County Council

Meadow House, Littleworth, Mansfield, Nottinghamshire, NG18 2TB

<https://consult.nottinghamshire.gov.uk/public-health/dbfa235f>



MVP Continuity of  
Carer Survey 171218

### **Weekly Bulletin 08/01/2019**

[View this email in your browser](#)



This information is being sent to you as a member of one of the Patient groups across the four CCG's, a member of a PPG group or as a sign up on our PPI database, please accept my apologies if you receive this more than once. Please circulate this widely across your networks.



Kind regards



## Make the right decision NHS

	<b>Only in an emergency:</b> loss of consciousness   severe breathing difficulties   heavy bleeding	<b>Emergency Department</b>
	<b>When it's urgent but not life threatening:</b> sprains   fractures   minor burns   skin infection	<b>Urgent Care Centre</b>
	<b>For symptoms that don't go away:</b> ear pain   back pain   stomach pain	<b>GP Surgery</b>
	<b>Feeling poorly and need advice about:</b> fevers   stomach upset   aches & pains   headaches	<b>Pharmacy</b>
	<b>Need help fast and its not an emergency?</b> Unwell?   Confused?   Need help?	<b>NHS 111</b>
	<b>For common ailments and illnesses:</b> hangover   grazed knee   sore throat   cough	<b>Self-care</b>

**A&E is currently busy.** If you need medical care, please ensure you choose the right place for your condition. Not only will it help you get treatment as quickly as possible, but it will keep A&E for those who really need it. NHS111 can help you find the right care [#HelpUsHelpYou](#)

## Help us, help you stay well this winter

With GP practices and A&E coming under increasing pressure over the winter months, we're asking you to consider whether you can self care if your illness is not serious.

Coughs, colds and other minor illnesses can often be managed with a visit to your local pharmacist, but if your symptoms persist we recommend you book an appointment with your GP.

We understand that some health problems get worse as the weather gets colder, and we want you to be able to access the right service for your health care needs.

There are lots of options available, from self-treatment to advice in a pharmacy, GP services, the NHS 111 number, mental health services, walk-in and urgent care centres and, in an accident or emergency, A&E.

Dr James Hopkinson says: “Often people needing medical help go straight to A&E when there may be another more appropriate service available, such as their GP, pharmacist, NHS 111 or their local walk-in or urgent care centre, all of which may be better placed to help.

“Across Greater Nottingham, we have a GP extended hours service. You can pre-book an appointment at your GP Practice. For urgent on the day appointment, call NHS 111.

“People tend to get better advice and faster treatment when they need it if they choose the right NHS service for their symptoms or illness, so I’d ask them to consider carefully before going straight to A&E.”



**We're open longer so you can get the help you need more easily.**

Talk to your GP practice, visit their website or go to [nhs.uk/GPaccess](https://nhs.uk/GPaccess) to find out more.

**HELP US HELP YOU**  
WHEN YOU NEED IT

**NHS**

Lucy Goodeve-Docker, GP

The advertisement features a female GP, Lucy Goodeve-Docker, wearing a white coat and a blue lanyard with 'NHS' and 'SHIN SHIN SHIN' text. The background is a blurred clinical setting. A large blue graphic on the left contains the main text and the 'HELP US HELP YOU' logo. The NHS logo is in the top right corner.

An NHS advertisement featuring a woman in a blue nurse's uniform, Heidi Nielsen, with a name tag and a 'CALL 111' badge. The background is a blurred hospital setting. The text is overlaid on an orange geometric shape.

**Think you need medical help right now? Call 111**

You can help us help you get the right medical attention urgently.

**HELP US HELP YOU**  
KNOW WHAT TO DO

**CALL 111**

Heidi Nielsen, Nurse

If you need medical care, please ensure you choose the right place for your condition. Not only will it help you get treatment as quickly as possible, but it will keep A&E for those who really need it. NHS111 can help you find the right care [#HelpUsHelpYou](#)

### **Weekly Bulletin 15/01/2019**

This information is being sent to you as a member of one of the Patient groups across the four CCG's, a member of a PPG group or as a sign up on our PPI database, please accept my apologies if you receive this more than once. Please circulate this widely across your networks.

Please find below details of a public event taking place on Thursday 14 February and Public Face number 186

## **Empowering patients in Nottinghamshire to get involved and make a difference to their local health services**

**Patients, service users, carers and members of the public are invited to a networking event to inform and inspire local people to become more involved with their health services.**

Local people are invited to attend this FREE event on Thursday 14 February 2019 from 9.15am to 3.30pm at Trent Vineyard Conference Centre, Unit 1, Easter Park Lenton Lane, Nottingham NG7 2PX.

East Midlands Academic Health Science Network (EMAHSN) and its Patient Public Involvement Senate are hosting the networking event which has been organised in collaboration with local NHS and healthcare partners.

The event will include speakers from within healthcare and interactive workshops. There will also be information stalls run by healthcare professionals and patient representatives focusing on key areas where people can have a say to improve local health services.

The aim of the event is to inspire and motivate people to get involved in shaping healthcare services and raise awareness of opportunities to most effectively make a difference within Nottinghamshire.

Mike Hannay, Managing Director of EMAHSN, said: "This is a unique event that we hope will inform and inspire local people in Nottinghamshire.

"The health and care system is complicated and can be difficult to navigate and understand. We want to equip people with the knowledge they need to understand the structure and landscape of the NHS so they can have impact and influence in the future of services in their area.

Added Mike: "I would like to thank all of our Nottinghamshire health and voluntary sector partners for supporting this event which I am sure will be a valuable opportunity for networking and engaging with local people."

Amanda Roberts, East Midlands Patient and Public Involvement (PPI) Senate member, said: "This is a unique and inspirational networking opportunity for patients and carers who are, or want to be, involved in health services across Nottinghamshire. An enjoyable opportunity to learn and share from each other, to be connected and invigorated. I am grateful to the EMAHSN for making it happen."

The EMAHSN has already held patient, carer and public networking events in Northamptonshire, Lincolnshire, Leicester, Leicestershire and Rutland and a further event is also planned for Derbyshire in 2019.

The event is a collaboration between the EMAHSN and the East Midlands PPI Senate in partnership with local healthcare organisations. Travel expenses for patients, carers and service users attending the event can be reimbursed. To register your interest in attending please visit [www.bit.ly/InvolveNotts](http://www.bit.ly/InvolveNotts)

For those unable to attend or who want to follow the event on the day, we will be using the hashtag #InvolveNotts

# Public Face

Issue 186 - 08 January 2019



Public Face shares news about patient and public involvement (PPI) activities in health and social care and in research across 382 stakeholders in the East Midlands. It contains snippets of news to help you find out more and get involved. Blue underlined text contains a hyperlink. Sign up [here](#) or email [here](#) to contribute material, comment on items or unsubscribe. There's also a [volunteering page](#) and an involvement [Events Calendar](#) to check out.

- 186.1 **Get involved.** Nottinghamshire LGBTQ community seek people to take part in an exciting new writing project that will collate and publish stories for the LGBTQ History Trail touring exhibition from the British Museum, which is coming to Nottingham. An information session is taking place on **23 January 2019 at 6:30pm** at the National Justice Museum. For more information [email](#).
- 186.2 **Get involved.** NHS England are [recruiting a Patient and Public Voice member](#) to join their Rare Diseases Advisory Group. **Applications close 11.59pm Thursday 24 January 2019.**
- 186.3 **Get involved.** NHS England are recruiting a [Patient and Public Voice member representing the trans-masculine voice](#) for a fixed term of nine months for their Programme Board for Gender Identity Services. **Applications close 11.59pm on Sunday 27 January 2019.**
- 186.4 **Attend.** The EMAHSN and East Midlands PPI Senate are delivering a [FREE Nottinghamshire Patient, Service User, Carer and Public Networking Event](#) on **Thursday 14 February 2019 from 9.45 – 3.30pm** (registration from 9.15am), Trent Vineyard Conference Centre, Nottingham. It aims to inform, inspire and motivate local people to get involved in their local health and social care services. Travel expenses reimbursed for patients/carers/citizens.
- 186.5 **Attend** Nottinghamshire's Rainbow Heritage LGBT History Month 2019 Celebration & Awards Evening at Nottingham Council House on **Wednesday 27 February 2019, 7pm – 9pm.** . Free entrance no tickets required. [Here's more information.](#)

- 186.6 **Have your say** in maternity services in Newark via this [online survey](#).
- 186.7 **Have your say** in maternity services in Ashfield via this [online survey](#).
- 186.8 **Get involved.** Derbyshire Healthcare NHS Foundation Trust seek local members of the public to stand for the Trust's Governor elections. Nomination deadline 30 January 2019 with elections in February. For more information and to apply click [here](#).
- 186.9 **Apply** for the [FREE East Midlands Patient Leadership Programme](#). It aims to improve knowledge and skills on **patient safety, quality improvement and how to understand improvement data** and would appeal to Patient Leaders involved in governance and scrutiny roles. There are 30 places for each of the 5 counties in the East Midlands. Delegates must be nominated by a health or social care organisation.
- 186.10 **Get involved** in the NHS's biggest survey. In the New Year the GP Patient Survey will drop through more than 2 million letter boxes, as a sample of patients from over 7000 practices in England are invited to take part and respond by April 2019. Find out how your practices last year's result and more about the survey [here](#).

Happy New Year!

If you need help understanding this document or would like it in an alternative format please contact us.

We aim to ensure information here is accurate, but you should make your own checks. Please add value with your contributions. Whilst it is acceptable to disagree with others, please do so respectfully. We reserve the right to remove your details from our mailing list, where we become aware of behaviour that is disrespectful and offensive.

*Public Face* is an initiative of the [East Midlands Academic Health Science Network](#) (EMAHSN). It is compiled by Shahnaz Aziz and Emma Coates and aims to promote Patient and Public Involvement in healthcare and health research. if you wish to share any PPI related information, please email [Shahnaz Aziz](#) or [Emma Coates](#) or call 0115 748 4216.



## East Midlands Academic Health Science Network

C Floor, Institute of Mental Health, University of Nottingham Innovation Park, Triumph Road, Nottingham, NG7 2TU

T: 0115 82 31300 E: emahsn@nottingham.ac.uk W: www.emahsn.org.uk

### Weekly Bulletin 28/01/2019

This information is being sent to you as a member of one of the Patient groups across the four CCG's, a member of a PPG group or as a sign up on our PPI database, please accept my apologies if you receive this more than once. Please circulate this widely across your networks.

- Please find attached a poster promoting - Songtime for People with Dementia and their Carers
- Please see below details of an event – Empowering patients in Nottinghamshire to get involved and make a difference to their local health services
- Please see below details of Public Face issue 188



Songtime.pdf

## Empowering patients in Nottinghamshire to get involved and make a difference to their local health services

**Patients, service users, carers and members of the public are invited to a networking event to inform and inspire local people to become more involved with their health services.**

Local people are invited to attend this FREE event on Thursday 14 February 2019 from 9.15am to 3.30pm at Trent Vineyard Conference Centre, Unit 1, Easter Park Lenton Lane, Nottingham NG7 2PX.

The event will include speakers from within healthcare and interactive workshops. There will also be information stalls run by healthcare professionals and patient representatives focusing on key areas where people can have a say to improve local health services. The aim of the event is to inspire and motivate people to get involved in shaping healthcare services and raise awareness of opportunities to most effectively make a difference within Nottinghamshire.

This Networking Event is a collaboration between the EMAHSN and the East Midlands PPI Senate in partnership with local healthcare organisations. Travel expenses for patients, carers and service users attending the event can be reimbursed. To register your interest in attending please visit [www.bit.ly/InvolveNotts](http://www.bit.ly/InvolveNotts)



For those unable to attend or who want to follow the event on the day, we will be using the hashtag #InvolveNotts

[Click here to view this in your browser](#)

# Public Face

Issue 188 - 24 January 2019



Public Face shares news about patient and public involvement (PPI) activities in health and social care and in research across 389 stakeholders in the East Midlands. It contains snippets of news to help you find out more and get involved. Blue underlined text contains a hyperlink. Sign up [here](#) or email [here](#) to contribute material, comment on items or unsubscribe. There's also a [volunteering page](#) and an involvement [Events Calendar](#) to check out.

- 188.1 **Attend** Engagement Events about changes in Lincolnshire Community Health Teams. Find the various events over January and February in Lincolnshire [here](#).
- 188.2 **Take part** in this [INVOLVE Webinar: What's New for Training, Learning and Development in PPIE](#) on **Monday 28 January 2019 from 1pm**.
- 188.3 **Attend** [Leicester, Leicestershire and Rutland \(LLR\) CCG's 4 engagement events over March and April 2019](#). They're about the CCG's plans to transform services for children and young people across LLR.
- 188.4 **Apply for funding**. The Wellcome Trust are offering [UK wide funding for Engagement Fellowships](#) to those with at least 3 years of engaging the public in health research. **Apply by 7 February 2019**.
- 188.5 **Register** for this [FREE Nottinghamshire Patient, Service User, Carer and Public Networking Event](#) on **Thursday 14 February 2019 from 9.45 – 3.30pm (registration from 9.15am) at Trent Vineyard Conference Centre, Nottingham**. It aims to inform, inspire and motivate local people to get involved in their local health and social care services. Travel expenses reimbursed for patients/carers/citizens.
- 188.6 **Register** for the [FREE East Midlands Patient Leadership Programme](#). It aims to improve knowledge and skills on **patient safety, quality improvement and NHS improvement data** and would appeal to Patient Leaders involved in

governance and scrutiny roles. There are 30 places for each of the 5 counties in the East Midlands. Northamptonshire, Leicestershire and Nottinghamshire places are almost full. **There are places remaining for Derbyshire and Lincolnshire.** Delegates must be nominated by a health or social care organisation.

- 188.7 **Get involved.** National Institute for Health and Care Excellence (NICE) are looking for lay members to join the Looked After Children and Young People Guideline Update Committee. [Here's more information and how to apply.](#) **Applications close 5pm Monday 18 February 2019.**
- 188.8 **Have your say** in [Maternity Services in Newark](#) and [Maternity Services in Ashfield](#).
- 188.9 **Take part** in this interactive course for new and experienced reviewers of health and social care research including public contributors who are committee members as well as public reviewers. [Here's more information and how to take part.](#)
- 188.10 **Have your say.** Healthwatch Rutland invite all serving members of the Armed Forces, reservists, veterans and extended family members to take part in this [Armed Forces survey](#). **Survey end April 2019.**
- 188.11 **Read** the [NHS Workforce Race Equality Standard 2018](#).
- 188.12 **Check out** this [NHS England Clinical Commissioning Group \(CCG\) Improvement and Assessment Framework – Patient and Community Engagement Indicator](#). There is Guidance for CCG's on evidence submission are a series of webinars providing an overview of the Framework and opportunity for sharing and learning.

If you need help understanding this document or would like it in an alternative format please contact us.

We aim to ensure information here is accurate, but you should make your own checks. Please add value with your contributions. Whilst it is acceptable to disagree with others, please do so respectfully. We reserve the right to remove your details from our mailing list, where we become aware of behaviour that is disrespectful and offensive.

*Public Face* is an initiative of the [East Midlands Academic Health Science Network](#) (EMAHSN). It is compiled by Shahnaz Aziz and Emma Coates and aims to promote Patient and Public Involvement in healthcare and health research. if you wish to share any PPI related information, please email [Shahnaz Aziz](#) or [Emma Coates](#) or call 0115 748 4216.

**East Midlands Academic Health Science Network**

C Floor, Institute of Mental Health, University of Nottingham Innovation Park, Triumph Road, Nottingham, NG7 2TU  
T: 0115 82 31300 E: emahsn@nottingham.ac.uk W: www.emahsn.org.uk

**Weekly Bulletin 01/02/2019**

This information is being sent to you as a member of one of the Patient groups across the four CCG's, a member of a PPG group or as a sign up on our PPI database, please accept my apologies if you receive this more than once. Please circulate this widely across your networks.

- Please find attached a poster promoting – Eastwood Dementia Information Programme - All programmes are available for carers to access should they be able to travel to the venue (s).
- Please see below details of Public Face issue **189**
- Please see below details of an event – Empowering patients in Nottinghamshire to get involved and make a difference to their local health services



Eastwood Dementia  
Information Programr



DIP 2019 - 2020  
dates.pdf

# Public Face

Issue 189 - 01 February 2019



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- 189.1 **Job.** Derbyshire Healthcare NHS Foundation Trust are recruiting a [Communication and Involvement Officer](#). Derby based. Permanent, 22.5 hours, Agenda for Change Band 5 £23,023 - £29,608. **Applications close 6 February 2019.**
- 189.2 **Take part in this study.** Nottinghamshire Healthcare Trust invite people who identify as Black, Asian and Minority Ethnic with lived experience of mental health services in Nottinghamshire, to help them learn about the impact of recovery stories. You need to be able to hear, speak and read English and have 2 hours to spare. [Here's more information](#). £20 payment offer to cover out of pocket expenses and to thank you for your time. Interested? Please email [Jo Higman](#) or call/text 07920 453729.
- 189.3 **Register** for this [FREE Nottinghamshire Patient, Service User, Carer and Public Networking Event](#) on **Thursday 14 February 2019 from 9.45 – 3.30pm (registration from 9.15am) at Trent Vineyard Conference Centre, Nottingham.** It aims to inform, inspire and motivate local people to get involved in their local health and social care services. Travel expenses reimbursed for patients/carers/citizens.
- 189.4 **Register** for the [FREE East Midlands Patient Leadership Programme](#). It aims to improve knowledge and skills on **patient safety, quality improvement and NHS improvement data** and would appeal to Patient Leaders involved in governance and scrutiny roles. There are 30 places for each of the 5 counties in the East Midlands. Delegates must be nominated by a health or social care organisation. Travel expenses reimbursed
- 189.5 **Get involved.** NHS England are recruiting a Patient and Public Voice (PPV) member to join its Steering Group for the Quality of Life after Cancer Treatment

Project. **Applications close Friday 15 February 2019.** Also a PPV member to join its Individual Funding Request (IFR) Panel. **Applications close midnight Sunday 17 February 2019 with interviews on 1 March 2019.** For more information and to apply click [here](#).

- 189.6 **Take part** in this [Free Future Learn online course about Quality Improvement in Healthcare: the Case for Change](#).
- 189.7 **Take part** in this [Free NHS England online course for current NHS volunteers - Understanding the Health and Social Care Environment](#). There are two course rounds starting the **26 February 2019** and **12 March 2019**.
- 189.8 **Join** Lincolnshire Partnership NHS Foundation Trust workshop and then develop their new website on **28 February 2019, 2pm – 4pm** at the Trust HQ, St George's, Long Leys Road, Lincoln LN1 1FS. For more information and to book [email](#) or call 01529 222272 or 01529 222333.
- 189.9 **Read** this research report by the Equality and Human Rights Commission about [‘The lived experiences of access to healthcare for people seeking and refused asylum.’](#)
- 189.10 **Read** NHS Improvement [Patient Experience Improvement Framework](#) for organisations to establish how far patient experience is embedded in its leadership culture and service delivery.
- 189.11 **Check out** the full version, summary, audio and easy read versions of The NHS Long Term Plan [here](#).

If you need help understanding this document or would like it in an alternative format please contact us.

We aim to ensure information here is accurate, but you should make your own checks. Please add value with your contributions. Whilst it is acceptable to disagree with others, please do so respectfully. We reserve the right to remove your details from our mailing list, where we become aware of behaviour that is disrespectful and offensive.

*Public Face* is an initiative of the [East Midlands Academic Health Science Network](#) (EMAHSN). It is compiled by Shahnaz Aziz and Emma Coates and aims to promote Patient and Public Involvement in healthcare and health research. If you wish to share any PPI related information, please email [Shahnaz Aziz](#) or [Emma Coates](#) or call 0115 748 4216.

**East Midlands Academic Health Science Network**

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Empowering patients in Nottinghamshire to get involved and make a difference to their local health services

**Patients, service users, carers and members of the public are invited to a networking event to inform and inspire local people to become more involved with their health services.**

Local people are invited to attend this FREE event on Thursday 14 February 2019 from 9.15am to 3.30pm at Trent Vineyard Conference Centre, Unit 1, Easter Park Lenton Lane, Nottingham NG7 2PX.

The event will include speakers from within healthcare and interactive workshops. There will also be information stalls run by healthcare professionals and patient representatives focusing on key areas where people can have a say to improve local health services. The aim of the event is to inspire and motivate people to get involved in shaping healthcare services and raise awareness of opportunities to most effectively make a difference within Nottinghamshire.

This Networking Event is a collaboration between the EMAHSN and the East Midlands PPI Senate in partnership with local healthcare organisations. Travel expenses for patients, carers and service users attending the event can be reimbursed. To register your interest in attending please visit [www.bit.ly/InvolveNotts](http://www.bit.ly/InvolveNotts)

For those unable to attend or who want to follow the event on the day, we will be using the hashtag #InvolveNotts