

Nottingham North & East

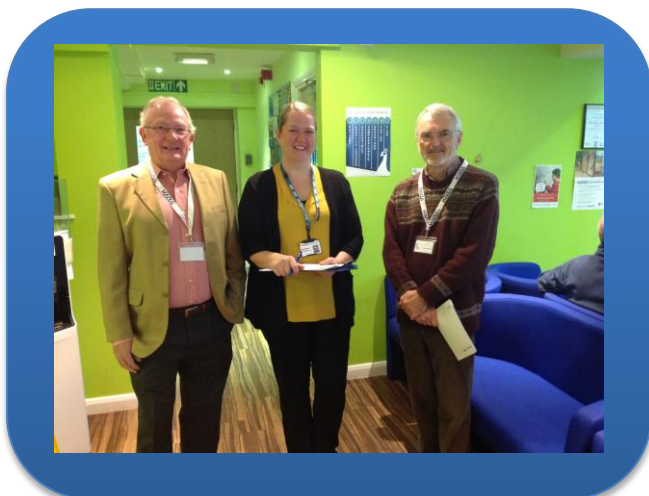
Patient & Public Involvement (October – December 2017)

The self care NNE Practice Tour

The engagement and communications team (Nikki and Toni) have been touring the Nottingham North and East practices to talk to patients about self care and repeat prescriptions. We've been asking people to tell us about their usage and habits regarding repeat medicines and, so far, have the following response...

146
replies

Practices visited: Torkard, Oakenhall, Whyburn, Om, Stenhouse, Highcroft, Daybrook, Peacock, Trentside, Plains View, Westdale Lane, West Oak, Newthorpe, Giltbrook and Park House



From left to right – Julie at Torkard, Stenhouse PPG member, Peacock PPG members & Park House PPG member.



Above: Plains View PPG member

The results

- The majority of people (83%) haven't noticed a negative impact from changes to the prescribing of OTC
- The majority of people (88%) never receive prescriptions that they haven't requested and do not have excess amounts of prescription medicines at home (79%).
- The majority of people (89%) confirmed that they are aware that once the medicine has left the pharmacy it cannot be recycled or used by someone else.
- The majority of people (87%) have either a doctor or pharmacist explain to them why they are prescribed each of their medicines.
- The majority of people (59%) are offered regular health checks by either their local doctor's surgery for their prescribed medication.
- The majority of people (53%) confirmed that their pharmacy offers them a medicine review to discuss their medicines.

Thanks to all PPG members who have joined us at their practices.



Partnership Working

Nikki Biddlestone met with Rebecca Whittaker at Healthwatch who is the Outreach and Engagement Officer for our area.

Rebecca advised that they are now looking to recruit Healthwatch Hub members. The Hub is hoped to act as a communication channel between members and Healthwatch.

If you are interested or further information please contact Deb Morton on 0115 9635179.

Nikki and Rebecca will be working closely together in the future and information received from Healthwatch will be shared with you.

Nottingham Carers Conference



NNE were invited along to the Nottingham Carers Conference. The conference shared insightful first hand experiences from young carers, front line workers from health, social care and the carer's federation. Joanne Croft, Carers Champion at Highcroft Medical Centre presented at the conference on the great work being undertaken to support carers at their practice.

It was a great opportunity to hear the views of young carers and to make links with those working with young carers.

Renew 34 - Mental Health Self Help Group



'Renew 34' is a new self help group in Hucknall where anyone is welcome.

Renew 34 is at Watnall Road Baptist Church in Hucknall using the church building and their very attractive cafe as a base every Wednesday at 9:15am - 12pm.

Various crafts on offer for those who would like to join in but quiet space for those who may prefer.

Carers in Hucknall

Carers In Hucknall is a self help group run by and for carers and the people we care for in Hucknall and surrounding areas.

Support, understanding and a warm welcome are guaranteed, whether your a carer, disabled or you just need the company.

Meeting takes place 1st and 3rd Tuesday of the month at 1.30pm-3.30pm at the John Godber Centre, Hucknall.



Hucknall Partnership Group

A group that brings together all statutory and voluntary sector services for the benefit of Hucknall. Regular members and also members of the public welcomed.

Meeting takes place bi-monthly and is held at Under One Roof in Hucknall.

Tesco Christmas Community Christmas pudding fest.

NNE were invited along to the Community Christmas pudding fest. Local community groups and volunteers were invited along to celebrate the contributions they make to people they support and a thank you for Tesco. It was a free event for those invited along, gifts were presented by 'santa' and entertainment and refreshments formed part of the thank you celebrations.



