

Associated conditions

Patients diagnosed with Coeliac Disease have to be mindful that certain associated conditions can occur. Dermatitis Herpetiformis (DH) is one such example and this has been linked, although most common in those over 50 years of age. This affects 1 in every 3,000 of this population group and manifests in the skin.

Symptoms of this condition include a rash that usually presents on the harder surfaces of the body, the elbow, knee, shoulder, face. Look out for raised flare up type rashes that may blister and cause itching or irritation. If this presents, please contact your GP straight away, who will refer you to a Dermatologist (Skin specialist).