

Greater Nottingham Clinical Commissioning Partnership

Commissioning Intentions 2019 / 20

September 2018

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Introduction

The development of commissioning intentions is an annual activity that seeks to ensure commissioners have clear oversight to work towards improving local health outcomes and to let providers, such as hospitals, know of the contractual changes that will be implemented in the forthcoming year.

Commissioning intentions are not intended to set out all activity that will be undertaken in a given year but they provide context for commissioning changes; list commissioning changes that improve quality of service or value for money; and signal to providers where resources may be changing or new delivery models may be implemented.

The commissioning intentions will be supported by detailed contractual changes agreed with providers, working within the current legislative framework

Areas of Focus

This document is broken into sections based on the key programme areas defined in our operational plan, namely:

- Primary and Community Care
- Urgent and Emergency Care
- Elective Care
- Cancer
- Mental Health
- Learning Disabilities
- Care Homes & Domiciliary Care
- Children & Young People
- Maternity Care
- Prevention, Personalisation & Community centred approach

Context

- During 2017/18, the four CCGs in Greater Nottingham (Nottingham City, Nottingham West, Nottingham North & East and Rushcliffe) formed a partnership and formalised arrangements with the establishment of a joint committee and a combined management structure.
- The newly formed partnership will seek to commission more services in a standard way across Greater Nottingham where appropriate
- Meanwhile work continues across the wider Nottinghamshire area to develop an Integrated Care System, with Local Integrated Care Providers (LICPs) and Integrated Commissioning Partnerships (ICPs, which Greater Nottingham will be one of). This will see closer, more collaborative working between CCGs, Healthcare providers, Local Authorities and Social Care providers. As the model continues to develop and emerge, this too will influence commissioning activity in the years ahead.
 - These commissioning intentions have been written in collaboration with Mid Notts CCGs (Mansfield & Ashfield CCG and Newark & Sherwood CCG) to ensure greater alignment across the county.

Context

- Our commissioning activity takes place against a difficult financial environment, with an ever increasing need to provide value for money whilst maintaining focus on health outcomes.
- We need to maximise the use of our resources and deliver the required savings, a minimum of 5%. Savings will be expected from all areas of commissioning and will require some reprioritisation and disinvestment.
- Our decision making will be evidence based and consistent with national policy and directions
- Our commissioning will focus on the provision of appropriate, high quality care to our patients to deliver positive health outcomes

Commissioning Principles

Commissioning decisions are made in accordance with the general principles set out below:

- Clear evidence of clinical and/or cost effectiveness will be sought before NHS resources are invested in treatment.
- The cost of the treatment for individual patients and others within any anticipated cohort is a relevant factor.
- The extent to which the individual or patient group will gain a benefit from the treatment will be considered and balanced against the benefit which could be gained by alternative reinvestment possibilities to meet the needs of the community
- The process and policies will consider all relevant national standards and take into account all proper and authoritative guidance

Commissioning Approach

- Working as a system planning and managing our capacity together
 - Progress the work in relation to the new system architecture within the Integrated Care System and Greater Nottingham
 - Improve opportunities for primary and secondary care clinicians to meet, discuss and work together
- Advance our focus on population health management, enhancing our infrastructure, intelligence and interventions, more deeply understanding our population and agreeing priority areas for collective focus
- Actively seeking providers who work in alliances
- Quality and patient engagement to deliver pathways
- Moving to financial sustainability through managed, system-wide cost reduction
- Reducing unwarranted clinical variation wherever possible

Primary Care

What we want to achieve	How we plan to commission for this	When it's happening
Addressing unwarranted variation in clinical care to help ensure that the health community makes the most appropriate use of the scarce resources that are available	 Provide best practice guidance to support the management and appropriate referral of patients Continually develop our Referral Support Services to expand triage of referrals from GPs and ensure use of locally agreed templates and pathways Improve patient care closer to home to reduce the level of demand for outpatient and urgent care presentations 	Ongoing
Improve resilience and quality in Primary Care	 Supporting the delivery of the workforce plan for primary care to expand and develop the General Practice workforce 	Ongoing
Ensuring the active engagement of primary care in the improvement of population health management	 Supporting practices to work together and with other community providers in agreed geographic population groupings and in development of LICPs Improve access to primary care services, and prevent unnecessary urgent care presentations Identify those patients who require additional support to help them manage their condition / behaviour and reduce the need for hospital care through risk stratification and service redesign. Develop Multi Disciplinary Team (MDT) approaches to link with social care (children and adult) and third sector provision 	2019/20
Developing new models of care in general practice that will improve access and support primary care providers to operate at scale	 Support the delivery of estates and IT infrastructure projects Support the adoption of new technology, with a particular focus on the opportunities to improve the management of patients through the appropriate sharing of information 	2019/20

Community Care

What we want to achieve	How we plan to commission for this	When it's happening
 Multi disciplinary working across providers 	 Develop local incentive schemes to reinvest savings from acute excess bed day costs to expand community and intermediate care services. 	• 2019/20
 Integrating services and reviewing pathways around the needs of groups of patients 	 Review pathways to focus provision on evidence based interventions by condition Review of long term condition specific pathways spanning acute and community to include an options appraisal of alternative models of provision Develop respiratory self-care pathways to and strengthen End Of Life planning 	• 2019/20
 Contributing to system flow by reducing demand on acute services and supporting people to return to their usual place of residence (avoiding delayed transfers of care) 	 Review of the current in patient community capacity against need Further develop the Discharge To Assess (D2A) and trusted assessor model Plan for winter capacity with all partners. Commission pathways in line with front door re-design project that supports patients to be treated in an alternative setting to admission where clinically appropriate 	 2019/20 Ongoing Ongoing 2019/20
 Improve Stroke Rehabilitation Pathway 	 Develop a system-wide, affordable plan working across providers in alliance 	• 2019/20

Urgent Care

What we want to achieve	How we plan to commission for this	When it's happening
Health services that are intuitive and support patients to make the right decision	 Engagement with public and key stakeholders Development of an integrated urgent care pathway in line with national guidance 'No place like home' communications strategy 	Between now and October 2019
Achieving and sustaining the 4 hour A&E target and meeting the STF trajectory	 Reducing avoidable attendances at A&E Reducing inappropriate length of stay for admissions Reviewing Non-Emergency Patient Transport Services Improving timeliness and appropriate management of Ambulance responses whilst reducing the number of conveyances 	Ongoing
Delivery of a demand and capacity plan to ensure continued delivery during next winter and periods of high demand	 Ensure appropriate, flexible capacity is available when required to deal with demand in community and acute settings Focus specifically on reducing length of stay for admissions, including specific attention on stranded and `super stranded` patients who have been in hospital for over 7 and 21 days respectively 	2019/20
A reduction in demand for emergency health services - assess to admit	 Development of an integrated urgent care pathway in line with national guidance Increases in clinical assessment of 999 and 111 calls to reduce demand Increases in appointment booking from 111 into local urgent primary care systems Development of urgent treatment centre s as per the national specification Increases in use of, and access to, alternative pathways to A&E Additional clinical assessment to increase 'hear and treat' and 'see and treat' and deliver a safe reduction in the ambulance conveyance to Emergency Departments in line with ambulance commissioning framework Develop pathways that increase access to, and use of, care navigation to reduce attendances at A&E and admissions to hospital Continued development of alternative pathways and schemes that support patients to be treated in an alternative setting where clinically appropriate 	Between now and October 2019
Improve respiratory care	Redesign of the respiratory pathway	Ongoing

Elective Care

5) Elective Care

What we want to achieve	How we plan to commission for this	When it's happening
Standardise elective care pathways to achieve better value by reducing unwarranted clinical variation	 Develop local clinical pathway guidance and referral template information and extend the Greater Nottingham Referral Support Service to include opportunities for clinical triage and support to GP Practices in including required information with referrals Review MSK 'triage hubs' to ensure consistent approach to triage of MSK patients (GN specific) Promote an approach of "get it right first time" amongst clinicians Use RightCare and Model Hospital intelligence in the design of services 	2019/20
Delivery of a system- wide transformational model of Surgical Care	 Surgical procedures delivered in line with British Association of Day Surgery guidelines Review opportunity to improve peri-operative pathway, where appropriate using technology Embed shared decision making (SDM) in all services to ensure that patients are fully informed such that they are ready, willing and able for surgery Ensure health optimisation prior to decision to refer for surgical procedures Promotion of self-care were appropriate 	2019/20
Developing new models of outpatient care to improve patient experience and reduce unnecessary attendances at hospital	 Develop an agreed outpatient model across the Nottinghamshire footprint, which ensures patients are seen in appropriate care setting and in a clinically appropriate timeframe Review pathways and where possible move services to be provided in the community, including Community Gynaecology including Community Gynaecology (Greater Nottingham Specific) and Dermatology service s informed by local pilots Agree STP diabetes model; new approach to foot care clinics and training for patients with diabetes (GN specific: to reduce the rate of amputations) Implementing a standard approach to provision of Advice and Guidance to referrers Reduce follow-up attendance by use of technology, non face to face contact, patient initiated follow-ups and discharge of patients to community care Introduce direct access to test s and direct to clinical list s where clinically appropriate 	2019/20
Ensure national performance targets are delivered consistently	 Performance monitoring and management with Providers using contractual levers as required 	2019/20

Cancer

What we want to achieve	How we plan to commission for this	When it's happening
Preventing Cancer – by addressing risk factors, especially smoking.	 Review approach to advising patients about e-cigarettes and how this is embedded within patient advice, stop smoking services and support and made accessible within provider trusts 	Now and ongoing
Earlier Diagnosis – increasing % of cancers diagnosed at stage 1/2, reducing emergency presentations, leading to improved survival rates	 Commission services to deliver earlier diagnosis of cancer in areas of STP with high incidence and / or late presentation, Increase cancer screening rates in areas of the STP with low performance. Commission service to contact non-responders onbehalf of practices. Commission local awareness campaigns. Implement full suite of GP Direct Access Diagnostics as per NICE Guidance, including ultrasound pathway 	Now and ongoing
Improving Cancer Treatment and Care – achieve cancer waiting time targets including new 28 day referral to diagnosis metric.	 Commissioning national timed pathways; review of pathway and services for lung and non-specific symptom pathways (GN) Commission personalised risk stratified follow up pathways of care 	2019/20
Improving patient experience of living with and beyond cancer	 Commission all parts of the National Recovery Package Evaluate 'Improving Access to Psychological Therapies' (IAPT) Pilot in Nottingham City, with the intention to roll out across Nottinghamshire 	2019/20

Mental Health

What we want to achieve	How we plan to commission for this	When it's happening
Ensure the Mental Health Investment Standard is met and focused on the Mental Health Forward View	 Review and re-specify mental health services focussed on clear outcome measures, specifically in areas such as Child and Adolescent Mental Health Services (CAMHS), Liaison Psychiatry, Perinatal, Early Interventions in Psychosis (EIP), and Improving Access to Psychological Therapies (IAPT) 	2019/20
Improve access to Mental Health services	 Review and re-specify mental health services to improve quality and performance in Children & Young People (CYP) eating disorder services, specialist perinatal health, psychological therapies, mental health crisis and liaison services, individual placement and support services, early intervention in psychosis, NHS-commissioned community services for CYP Review provision of physical health care for Serious Mental Illness (SMI) patients and access to integrated IAPT provision with long term conditions. Reduce variation in patient's experience of mental health services 	2019/20
Mental Health workforce expansion	 Increase the number of mental health therapists in primary care Training in CYP–IAPT to increase the numbers of staff able to provide Cognitive Behavioural Therapy (CBT), systemic family practice, interpersonal psychotherapy for adolescents and enhanced evidence based practice 	2019/20
Reducing inappropriate adult acute out of area placements	Work closely with providers to ensure care falls closer to home	2019/20
Delivery against plans for suicide prevention	 Raising awareness amongst agencies and the public Explore options for further training 	2019/20
Improvement in mental health performance	 Improved recording and reporting through the Mental Health Service Data Set (MHSDS) Continue work to ensure that non-NHS/VCS CAMHS providers are able to flow data through MHSDS Continue work with NHS England and the Trust to understand EIP performance through MHSDS once UNIFY is switched off 	2019/20

Learning Disabilities

What we want to achieve	How we plan to commission for this	When it's happening
Nottinghamshire Transforming Care Partnership (TCP) will meet targets for the numbers of adults and children with Learning Disabilities and/or Autism who are being treated in inpatient hospital facilities	 Ensure that all patients prior to admission and at regular intervals after admission, have a Care and Treatment Review (CTR) and agreed discharge dates by working with partners Ensure that local housing strategies include TCP cohort explicitly Encourage new providers of supporting living / residential care into Nottinghamshire Review the efficacy, efficiency and integration between health and social care and community and inpatient services to provide recommendations for future service configuration 	2019/20
National targets based on the GP registered population	 Implement a programme of service transformation Improve the uptake of GP annual health checks for people with LD/ASD including continued liaison with primary care and acute care LD facilitators and wider communication with GPs 	Now and ongoing
To reduce the use of inpatient care by expediting discharges from hospitals where appropriate, and reducing the number of admissions into hospitals	 Evaluate the impact and value for money of initiatives undertaken in 2017/18, including the residential urgent care service, enhanced community assessment and treatment and forensic teams and the additional posts and support offers Reinvestment of funding previously used for inpatient care into community based infrastructure 	Now and ongoing

Care Homes and Domiciliary Care

What we want to achieve	How we plan to commission for this	When it's happening
Enhance the quality of life, healthcare and planning for people living care homes	 Implement the Enhanced Health in Care Homes Framework Review services currently commissioned and consider new models of service Develop one contract for care homes across Nottinghamshire (both LAs and CCGs) Improve the sustainability of the local care home system 	2019/20
Improve the quality of Domiciliary Care	 Procurement planned for autumn 2018 for home care for people living in Nottinghamshire (excluding the City) who are in receipt of NHS continuing healthcare (including fast track CHC) Extend appropriate elements of the Enhanced Health in Care Homes framework to domiciliary care agencies 	2019/20

Children and Young People

What we want to achieve	How we plan to commission for this	When it's happening
Establish local pathways to support acutely ill children where possible reducing the need to attend the Emergency Department or to be admitted to an inpatient bed	 Introduce a Paediatric Urgent Decision Support telephone service for health care professionals Review CAU model and consider benefits to expansion Establish links between CAU into urgent care services and pathways 	2019/20
Embed and review new pathways for children with concerning behaviours (ADHD, ASD)	 Embedding of new concerning behaviours pathway which provides assessment and treatment within a community setting. Ensure provision of additional support to families Evaluate effectiveness of new pathways and explore opportunities to develop models Ensure new pathways are implemented across Nottinghamshire and working in conjunction with Local Authority and Providers 	2019/20
Embed and renew pathways for children with special educational needs and disability (SEND) and complex needs	 Review and respecify the integrated community children and young people's service Review the pathway for speech and language therapy for children with complex needs Improve the EHCP process in conjunction with Local authorities and Education and develop a specialist team based within a health provider to promote and implement the SEND agenda 	2019/20
Deliver against the personalisation agenda	 Develop personalised services for children with complex health needs 	2019/20

Maternity

What we want to achieve	How we plan to commission for this	When it's happening
Improving choice and personalisation of maternity services	 Improve number of women who are supported to make choices about their maternity care, during pregnancy, birth and postnatally. Increase the number of women with a personalised care plan Improve the continuity of care during pregnancy, birth and postnatally Pilot continuity of care modules across the LMS (Local Maternity System). Launch the Perinatal Mental Health Pathway Develop a Nottinghamshire-wide approach to antenatal education 	2019/20
Support delivery of workforce plan	 Workforce Modelling Cross-boundary working and pathways agreed Develop three maternity hubs : one in GN and two in mid- Nottinghamshire 	2019/20
Improving the safety of maternity care to reduce number of still births , neonatal deaths and intrapartum brain injuries acquired during or shortly after birth	 Full implementation of the Saving Babies Lives Care Bundle Improve access and take up of antenatal care Work to reduce rates of maternal smoking in pregnancy and postnatally Introduce post natal clinics delivered within maternity hubs Increase Neonatal capacity Review pathways to increase home births and midwifery led care Roll out ATAIN model to reduce admissions to neonatal care units Agreement across providers on intrapartum foetal monitoring guidelines Implementation of the Maternity Incident Review Process and share learning across the LMS 	2019/20

Prevention, Personalisation & Community Centred Approach

What we want to achieve	How we plan to commission for this	When it's happening
Reduce alcohol related harm	 Agree system actions to reduce alcohol related harm, including communication to public and consistent provision of alcohol identification and brief advice across primary care and ED Explore different ways of working with people with alcohol abuse, including Co-morbidities between physical, mental health and substance misuse, to integrate care at an individual level Agree pathways between service users with co-existing mental health and substance misuse issues. 	2019/20
Prevention	 Making Every Contact Count (MECC)included within standard contract delivery – consistent delivery across all providers Develop services ensure population health risk stratification is used to identify groups to target for the greatest impact on areas of prevention Ensure training and support is delivered to service staff to upskill on brief intervention in alcohol and smoking and embed this within service delivery across the system Develop services to address obesity, including childhood obesity 	2019/20
Personalised care	 Commission joint care planning and assessment around personalised care packages for complex patients within each locality (learning from Integrated Pilots) Utilise population health risk stratification to identify groups to target for the greatest impact on areas of prevention 	2019/20
Community Centred Approaches	 Support reorientation of care towards place based whole population approach, encouraging providers to work in partnership to effectively promote self-care and wellbeing Implement an STP wide approach to delivering: Promoting and developing Social Prescribing Use of Patient Activation Measures (PAMs) within service pathways Embedding shared decision –making in all care pathways 	2019/20