



**Don't get left out in
the cold this winter**

Join us at our **Winter
Warmer** event instead!

Our exhibitors will be sharing tips about coping with winter illness, staying warm, benefits and more!

Plus mini health checks, updates from your local NHS, warming soup, hot chocolate and other festive treats...

When? Weds 25 November from 6.30pm-8.30pm

Where? Richard Herrod Centre, Carlton, NG4 1RL



Register

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Call Toni on: 0115 883 1833